

PAD

FACT SHEET

PAD (Peripheral Arterial Disease) is a serious condition caused by a narrowing and hardening of the arteries. PAD can lead to chronic pain, leg amputation, and even death if not properly treated.



PAD Risk Factors

- Age 55 and over
- Type 2 diabetes
- African-American
- History of smoking
- Hypertension
- Elevated cholesterol



PAD Symptoms

- Painful cramps in legs or buttocks
- Weakness in your legs or feet
- Pale, blue, or cold feet or toes
- Non-healing wounds on your feet
- Thick, yellowed toe nails

With offices in Campbell and Gilroy, South Bay Vascular is recognized as the leading regional treatment center for patients suffering from Peripheral Arterial Disease. Ask your doctor for a referral, or learn more at southbayvascular.com.



SHOW THOSE TOES!

If you think you might be at risk for PAD, see your doctor immediately. And during your exam, be sure to take off your shoes and socks and **SHOW THOSE TOES** so your doctor can examine your feet. PAD is a very serious disease, but it can be treated if diagnosed properly.

South Bay Vascular Center
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PREMIER CENTER OF EXCELLENCE